

"THE NUMBER 1 GAY MAGAZINE IN THE WORLD" —ESP_N

OUT

FALL FASHION

50 PAGES OF THE
SEASON'S NEW LOOKS

FALL
STARTS
HERE
STARRING
ANNA FARIS,
GUS VAN SANT,
TOM CULLEN
*(AND 7 DOGS
THAT TALK!)*

THE
FIREMAN'S
WIFE
THE EPIC
FIGHT
ROCKING
TEXAS

ADAM
LEVINE
AMERICAN
IDOL

PHOTOGRAPHED
BY YU TSAI
FOR OUT





North by Northwest

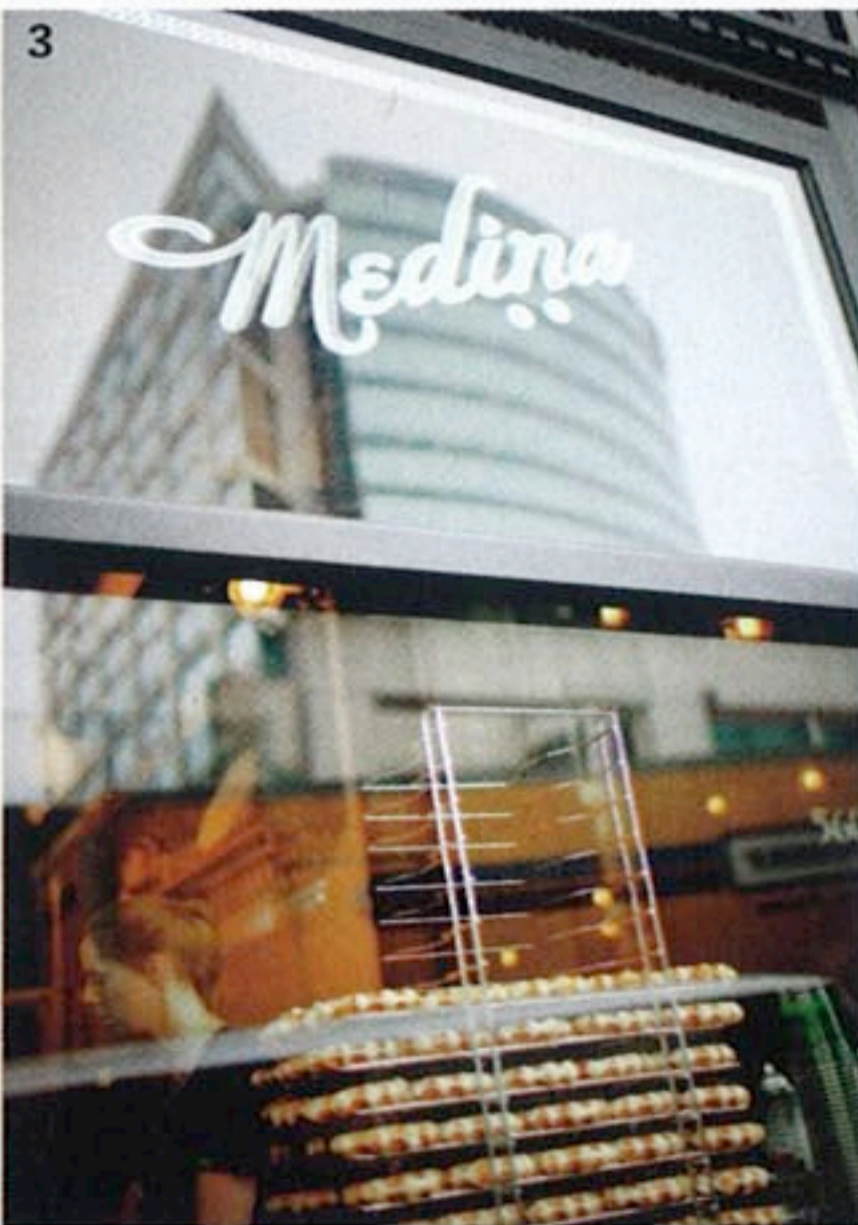
CARBO-LOADING AND CLOTHES-HOARDING IN VANCOUVER

The Olympics may have brought the glory, but Vancouver and its surrounding regions have long been a haven for the athletic traveler. Green cityscapes, glass skyscrapers, grand mountains, and a gracious embrace of diversity make it a natural choice for the sportsman—especially one who prefers style when he sweats. Settle in at the contempo, eco, and central Loden Hotel (TheLoden.com), a 77-room all-star that boasts earth-tone interiors, bathrooms with heated granite floors and Starck fixtures, and a well-equipped, garden-view gym. Borrow a hotel bike for a (mostly) flat ride on the seawall around downtown. It takes about 1½ hours to circumnavigate the city and 1,000-acre, bay-view Stanley Park, site of a 10k run during the North America Outgames this past July. Then fuel up, stock up, and cool down at these spots. **ANDREW BENDER**

GRUB For the big win, head to tony **L'ABATTOIR (2)** (217 Carrall St., Gastown; Labattoir.ca), where steak Diane crackles with flash-fried peppercorns and confit of albacore comes with egg bits puffed like marshmallows and *trompe-l'œil* croutons of smoked pork fat.

At **MEDINA (3)** (556 Beatty St., Crosstown; MedinaCafe.com), fortify with a skillet breakfast like cassoulet (fried eggs on baked beans, two kinds of sausage, and double-smoked bacon), Belgian waffles with raspberry caramel sauce, or the served-all-day paella featuring curried orzo topped with watercress and avocado.

PUB Watch the Seattle Mariners, Toronto Blue Jays, or Canadian Football League's BC Lions at **SCORE ON DAVIE** (1262 Davie St.; ScoreOnDavie.com) in the heart of the city's gay village. If your taste runs more toward parlor games, try giant Jenga in the back room of **GUILT & CO.** (1 Alexander St., Gastown; GuiltAndCompany.com). Live performances in this Gastown grotto include music roulette, in which musicians are randomly selected for improv jam sessions.



GETAWAY Head to Whistler, of Olympic and WinterPRIDE gay ski-week fame, to test your mettle at **MONKIDO (1)** (WildPlay.com), a tree-borne obstacle course of zip-lines and Tarzan swings with options for both novices and ninjas alike. Afterward, decompress with an ayurvedic treatment in the Ashram Spa at **NITA LAKE LODGE** (NitaLakeLodge.com). There and back, the **ROCKY MOUNTAINEER (4)** sightseeing train (RockyMountaineer.com, \$143 one-way, 3½ hours) takes it slow, paralleling Howe Bay and the Sea to Sky Highway, one of Canada's most inspirational routes.

GET YOUR A** IN GEAR

Forget sewing a maple-leaf flag patch on your backpack. If it's from **MOUNTAIN EQUIPMENT CO-OP** (130 W. Broadway; MEC.ca), a block-long shrine to outdoor adventure, you're practically Canadian (worth the one-time \$5 membership fee). Nearby **VALHALLA PURE** (222 W. Broadway; VPO.ca) claims the city's largest selection of high-end outdoor wear by local manufacturer **ARC'TERYX** (left). Raincoats are pricey (up to \$650) but impermeable, and athletic-cut jackets like the Epsilon AR will show off your hard-earned V shape. Soothe aches with a tin of Porter's Liniment Salve, a 95-year-old formula sold at the natty general store **OLD FAITHFUL** (320 W. Cordova St., Gastown; OldFaithfulShop.com).

